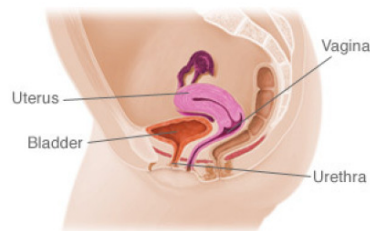
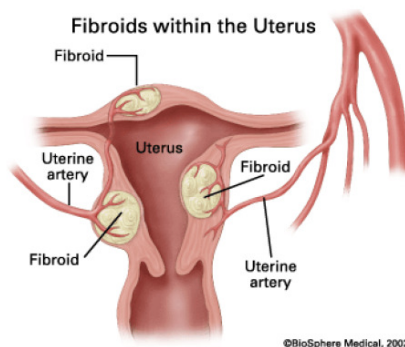


What are Uterine Fibroids?



Fibroids are abnormal growths or tumors that often start within the muscle or tissue of the uterus.



You can get one or more and they can vary in size from a small pea to a grapefruit. They usually grow larger over time.

Fibroids can cause pain in your tummy and lower back, changes to your periods, and make you struggle to go to the toilet.

Options the doctor will want you to think about?

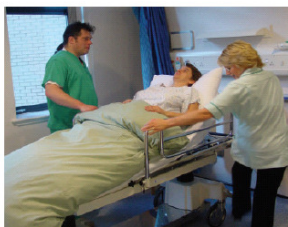


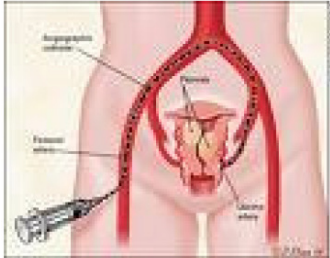
Hysterectomy

The removal of the uterus under general anaesthetic which means you will be asleep.

You will need to stay in hospital for a few days, and rest for 6 weeks. Take it easy, no lifting or housework. You will have a scar on your tummy too.

This will make sure that the fibroids do not come back. Also your periods will stop.





Uterine Artery Embolisation

This procedure will stop the blood supply to the fibroid and will make them shrink.

This procedure does not remove the fibroid.

Questions to ask when you see the doctor:-

1. What are the risks involved in the procedures?
2. What are the benefits?
3. Are there any other options, medication?
4. What will happen if I choose not to have surgery?
5. What do you think is the best option for me?

Write down any other questions you can think of?

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Developed by *Amanda McKie*

Matron Complex Needs Care Coordinator
Calderdale and Huddersfield NHS Foundation Trust
Room 213 staff residence
Huddersfield Royal Infirmary
Acre Street
Lindley
Huddersfield
HD3 3EA